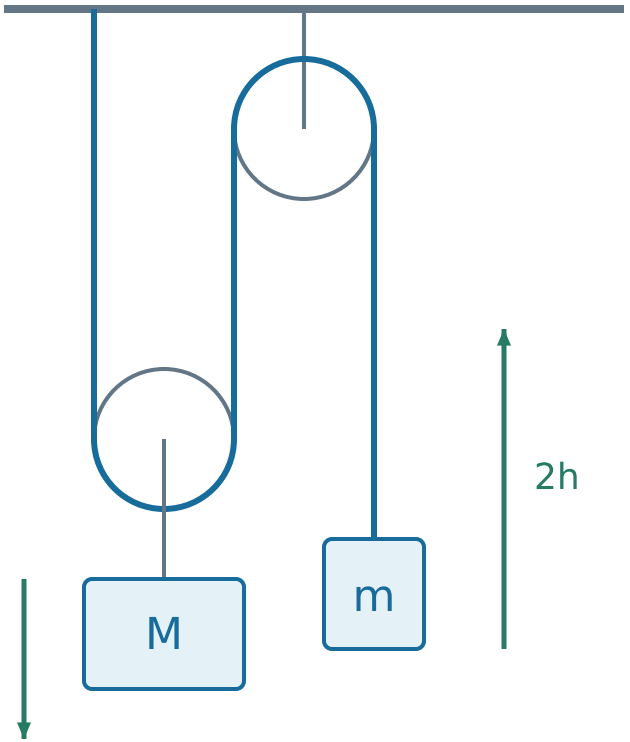



h = 0,70 m

$v_M = \sqrt{2}\ \text{m/s}$

$v_m = 2\sqrt{2}\ \text{m/s}$

$W_{T,M} = -36\ \text{J}$

$W_{T,m} = +36\ \text{J}$

Carga: $42\ \text{J} - 36\ \text{J} = 6\ \text{J}$

Pesa: $-28\ \text{J} + 36\ \text{J} = 8\ \text{J}$

Suma: $W = \Delta K = 14\ \text{J}$